

Nelson's Terry Fox Run Returns September 12

After a three-year absence, the Terry Fox Run is returning to Nelson.

Chris Chart and Terry Lund are excited to announce that they are organizing the 46th annual Nelson Terry Fox Run, bringing this inspiring community event back to Lakeside Park. The last Nelson run was held in 2023.

The 2026 Nelson Terry Fox Run will take place Saturday, September 12, at Lakeside Park. Registration begins at 9:00 a.m. and the run starts at 10:00 a.m.

With the run just a few weeks away, now is the perfect time to register yourself, or organize a team with your family, friends or colleagues and begin raising money for cancer research—the cause Terry Fox championed so courageously through his Marathon of Hope.

We invite everyone in the Nelson and area community to walk, run, or roll (kids can cycle). You can register as an individual or create a fundraising team through the Terry Fox Foundation.

Register for the 2026 Nelson Terry Fox Run

<https://run.terryfox.ca/129470>

On April 12, 1980, Terry dipped his artificial leg into the Atlantic Ocean in St. John's, Newfoundland, and began his extraordinary cross-country journey. Over the next 143 days, he ran 5,373 kilometres (3,339 miles) before cancer forced him to stop just outside Thunder Bay, Ontario, on September 1, 1980. His determination, courage and selflessness continue to inspire millions of people around the world.

Can't participate in the run? Consider volunteering. Volunteers are essential to making this community event possible, and we would greatly appreciate your help.

We hope to see you at Lakeside Park on September 12 as our community comes together once again to honour Terry's legacy, celebrate his remarkable spirit and help fund life-changing cancer research.

For more information or to volunteer please contact Chris and Terry at:

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